

**km**  
Lunghezza  
Länge  
Longueur  
Length

**11.3 km**

Dislivello salita  
Höhenmeter Aufstieg  
Dénivelé en montée  
Ascent

**+ 1010 m**

Dislivello discesa  
Höhenmeter Abstieg  
Dénivelé en descente  
Descent

**- 1200 m**

Tempo di percorrenza  
Wanderzeit  
Temps de marche  
Time required

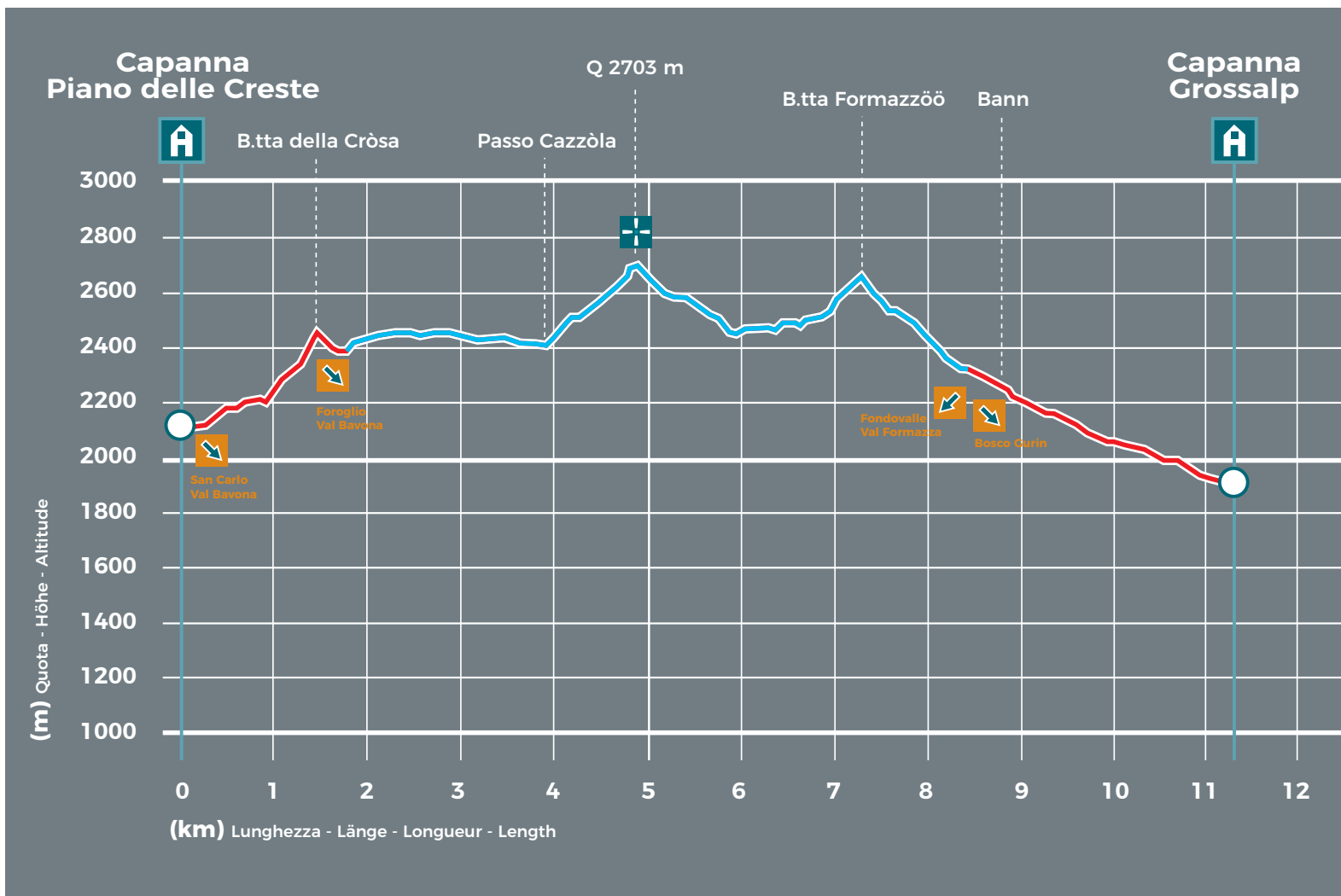
**6 h 30 min**

Quota massima  
Höchster Punkt  
Altitude maximale  
Max altitude

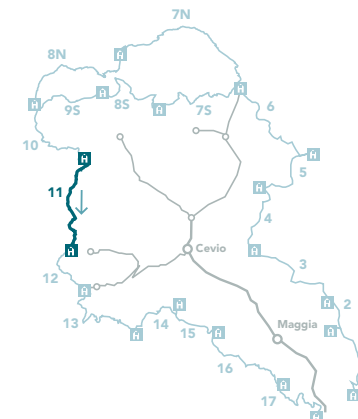
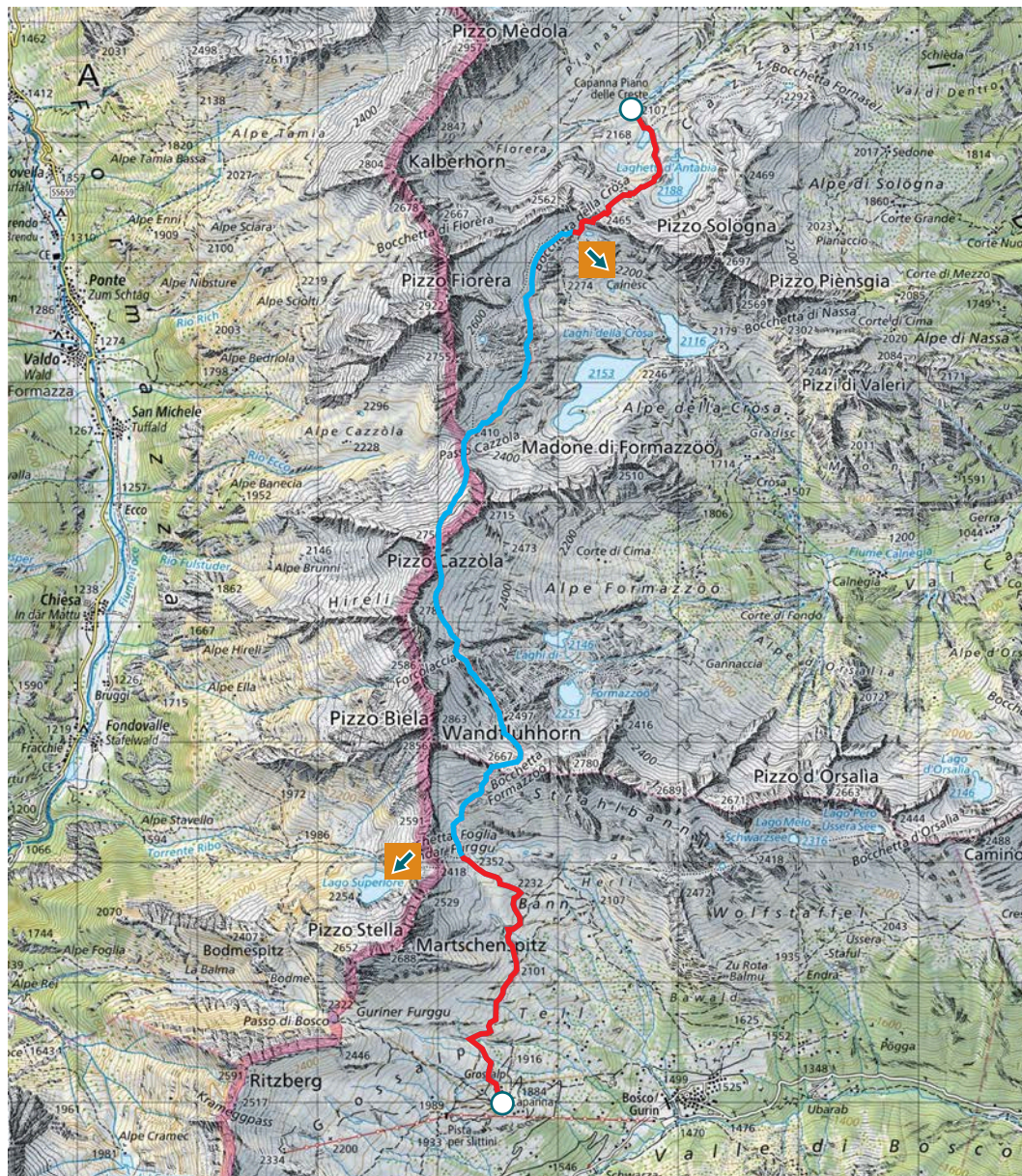
**2703 m**

Difficoltà  
Schwierigkeit  
Difficulté  
Difficulty level

**T4+**



- Inizio - Fine tappa  
Beginn - Ende der Etappe  
Début - Fin de l'étape  
Start - End of stage
- Bivacco  
Schutzhütte  
Bivouac  
Shelter
- Punto topografico importante  
Wichtiger topografischer Punkt  
Point topographique important  
Important topographical point
- Entrata - Uscita  
Eingang - Ausgang  
Entrée - Sortie  
In - Out
- Trasporto pubblico  
Öffentlicher Verkehr  
Transport public  
Public transport
- Traccia alpina (bianco-blu-bianco)  
Alpine Route (weiss-blau-weiss)  
Chemin de randonnée alpine (blanc-bleu-blanc)  
Alpine track (white-blue-white)
- Sentiero di montagna (bianco-rosso-bianco)  
Bergwanderweg (weiss-rot-weiss)  
Chemin de randonnée de montagne (blanc-rouge-blanc)  
Mountain path (white-red-white)



**Emergenze**  
**Notfall**  
**Urgences**  
**Emergencies**

**Polizia**  
**Polizei**  
**Police**  
**117 / 112**

**Rega**  
**Swiss Air rescue**  
**1414 (int. +41 333 333 333)**

**1 km**